

PROFESSIONAL SUPERVISION

Individual & group

For the sake of efficiency, our brain and our functioning mechanisms lead us to behave in a fairly similar way depending on the situation. It is useful to be able to step back and look at the choices we make and what we are implementing. This **systemic approach** makes it possible to bring out other issues, which are very present but less visible, and which lead to the consideration of **new modes of action or new ideas**.

Who is this for?

Coaches (organisational, team or individual), consultants, HR, project teams of consultants...

Some examples of **context**:

Support for organisational change, cultural transformations, positioning in a project / team / organisation, implementation of efficiency measures...

Your needs:

- Review your professional practices or actions,
- Clarify the stakes of an ongoing project or action,
- Find new solutions in what you implement.

Our offer:

Group supervision and Project supervision



GROUP SUPERVISION WORKSHOP

For a specific need, a supervision workshop will allow you to review your practices by changing your perspective, thanks to a systemic approach. Thus, you will be able to consider innovative and creative solutions to meet your challenges.



GROUP SUPERVISION PATH

The path corresponds to a series of **8 supervision workshops**, at the rate of **one half-day or one day per month** depending on the number of participants. In the **case of a project**, the duration of the journey corresponds to the **duration of the project**.

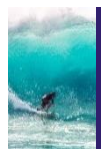
Compared to a one-off workshop, the course makes it possible to have a more lasting impact on the way one looks at one's activity, by **anchoring systemic reflexes** and **experimenting collaborative approaches** (co-development, systemic constellations,...) in order to be able to **identify concrete courses of action**.

Individual supervision



INDIVIDUAL SUPERVISION SESSION

For a specific need, a supervision session will allow you to review your practices by changing your perspective, thanks to a **systemic approach**. As a result, you will be able to consider **innovative and creative solutions** to meet your challenges.



INDIVIDUAL SUPERVISION PATH

The path consists of a series of **8 supervision sessions**, with **one 1h30 session per month**.

Compared to a one-off session, the path makes it possible to have a more lasting impact on the way one looks at one's activity, by anchoring **systemic reflexes**, in order to be able to **identify concrete courses of action**.