



PROFESSIONAL PRACTICE ANALYSIS

Individual

For the sake of efficiency, our brain and our functioning mechanisms lead us to behave in a fairly similar way depending on the situation. It is useful to be able to step back and look at the choices we make and what we are implementing. This **systemic approach** makes it possible to bring out other issues, which are very present but less visible, and which lead to the **consideration of new modes of action or new ideas**.

Who is this for?

Any professional, manager, project manager...

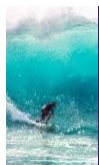
Some examples of **context**:

Organisational change, team development, positioning in a project / team / organisation, implementation of efficiency measures...

Your needs:

- Review your professional practices or actions,
- Clarify the stakes of an ongoing project or action,
- Find new solutions in what you implement.

Our offer:



**INDIVIDUAL
PROFESSIONAL
PRACTICE ANALYSIS
SESSION**

For a specific need, a practice analysis workshop will allow you to **review your practices by changing your perspective**, thanks to a **systemic approach**. As a result, you will be able to consider **innovative and creative solutions** to meet your challenges.



**INDIVIDUAL
PROFESSIONAL
PRACTICE ANALYSIS
PATH**

The Path corresponds to a series of **8 practice analysis workshops**, with **one 1h30 workshop per month**.

Compared to a one-off session, the Path makes it possible to have a more lasting impact on the way one looks at one's activity, by **anchoring systemic reflexes**, in order to be able to **identify concrete courses of**

action.

To go further:

- Executive systemic coaching
- Team / project coaching